

The Life Skills Progression™: Parent Scale

Client name _____ Months of service _____ Initial ___/___/___ Next LSP due ___/___/___
 Family record # _____ Indiv. # _____ No. attempted visits _____ Ongoing ___/___/___ # _____
 Client DOB ___/___/___ No. completed visits _____ Closing ___/___/___
 Sex _____ Race _____ Ethnicity _____ Medical codes _____ Program _____ Completed by _____

Score (NA = 0)	Area of life skill development	Low 1	1.5	2	2.5	3	3.5	4	4.5	High 5	Notes
RELATIONSHIPS WITH FAMILY AND FRIENDS											
	1. Family/ Extended Family	Hostile. Violent. Physically abusive family relationships.		Conflicted. Critical or verbal abuse. Frequent arguments. Reluctant support in a crisis.		Separated. No contact. Not available for support.		Inconsistent or conditional support. Emotionally distant.		Supportive. Mutually nurturing family relationships.	
	2. Boyfriend, FOB, or Spouse	Hostile. Violent. Physical abuse. Multiple partners. Uncertain paternity.		Conflicted. Critical or verbal abuse. Frequent arguments. Reluctant support in crisis.		Separated. No contact. Not available for support.		Inconsistent or conditional support. Emotionally distant, but available.		Supportive. Loving. Committed (unmarried, married, or common law).	
	3. Friends/Peers	Hostile, violent, or high-risk friends; friends gang linked.		Conflicted. Casual or brief friendships. Some support in a crisis.		Very few or no friends. Socially isolated and lonely.		A few close friends who can be counted on for support.		Many close friends. Extensive support network.	
RELATIONSHIPS WITH CHILDREN											
RELATIONSHIPS	4. Attitudes to Pregnancy	Unplanned and unwanted.		Unplanned. Ambivalent. Fearful. Coerced to keep child.		Unplanned and accepted.		Planned, but unprepared.		Planned. Prepared. Welcomed.	
	5. Nurturing	Hostile. Unable to nurture, bond or love child. Very limited responsiveness.		Indifference. Apathy. Depression or DD impairs nurturing.		Lacks information, modeling of love. Marginal connectedness. Afraid nurturing "spoils."		Loves, responds inconsistently. Some reciprocal connections.		Loving. Responsive. Praises. Regulates child well. Reciprocal connections.	
	6. Discipline	Has shown reportable levels of physical abuse. Chronic or severe neglect.		Uses physical punishment. Frequent criticism. Verbal abuse.		Mixture of impatient or critical, and appropriate discipline.		Inconsistent limits or ineffective boundaries. At times teaches desired behavior effectively.		Uses age-appropriate discipline. Teaches, guides, and directs behavior effectively.	
	7. Support of Child Development	Unrealistic expectations. Poor knowledge of child development. Ignores or refuses information.		Little knowledge of child development. Limited interest in development. Passive parental role.		Open to child development information. Provides some age-appropriate toys, books, and play.		Applies child development ideas. Interested in child's development, skills, interests, and play.		Anticipates child development changes. Uses appropriate toys and books. Plays and reads with child daily.	
	8. Safety	Child hospitalized for Tx of unintentional injury. Has permanent damage.		Outpatient/ER Tx of unintentional injury to child. No permanent damage.		No unintentional injury to child. Home or car not safe; not childproofed.		No unintentional injury to child. Home partially safe. Uses car seat. Uses information provided.		Child protected, no injury. Home and car safe. Teaches safety to child. Seeks and uses information for age.	

Score (NA = 0)	Area of life skill development	Low 1	1.5	2	2.5	3	3.5	4	4.5	High 5	Notes
RELATIONSHIPS WITH SUPPORTIVE RESOURCES											
RELATIONSHIPS	9. Relationship With Home Visitor	Hostile. Defensive. Refuses HV services.	Guarded, distrustful. Frequent broken appointments.	Passively accepts information and visits. Forgets some appointments.	Seeks and uses information. Calls for help or to cancel appointments.	Trusts. Welcomes visits. Asks for and uses information. Keeps appointments.					
	10. Use of Information	Refuses information from HV or HC.	Uses inaccurate information from informal sources.	Passively accepts some information from HV and HC.	Accepts and uses most information from HV or HC.	Actively seeks and uses information from HV, HC, and other sources.					
	11. Use of Resources	Resource needs unrecognized. Community resources not used or refused. Hostile.	Resource needs unrecognized. Limited use when assisted by others. Misses most appointments.	Accepts help to identify needs. Uses resources when assisted by others. Keeps some appointments.	Identifies needs. Uses resources with little assistance. Keeps most appointments.	Identifies needs and uses resources independently. Keeps or reschedules appointments.					
EDUCATION & EMPLOYMENT											
EDUCATION	12. Language (non-English speaking only)	Low/no literacy in any language.	Literate in primary language. Some verbal English skills.	Takes ESL classes. Verbal ESL established.	Takes ESL classes. Written ESL established.	Fully bilingual. Written and verbal ESL established.					
	13. Education <12th Grade	Not enrolled.	Enrolled, limited attendance in any program. Not at grade level.	Enrolled, regularly attends any program. Not at grade level.	Regularly attends any adult school or independent study. At grade level with GED goal.	Regularly attends HS or alternative HS. At grade level with HSD goal.					
	14. Education	<12th-grade education.	Has graduated with GED or HSD.	Attends or graduated job or tech training.	Attends or graduated community college.	Attends or graduated college, or graduate school.					
	15. Employment	Unemployed, unskilled or no work experience. Stay-at-home parent.	Occasional, seasonal, or multiple entry-level jobs.	Stable employment in low-income job.	Stable employment with adequate salary and benefits.	Career of choice with potential good salary and benefits.					
	16. Immigration	Undocumented. No permit or card. Frequent moves or trips disrupt services, work, or education.	Legally in U.S. <5 years. Has work permit. Temporary visa. Migrant, plans to return to country of origin.	Legally in U.S. >5 years. Has work permit. Temporary visa. Migrant, plans to live in U.S.	Has work permit or card, temporary visa. Applying for citizenship.	Obtained U.S. citizenship.					

Score (NA = 0)	Area of life skill development	Low 1	1.5	2	2.5	3	3.5	4	4.5	High 5	Notes
HEALTH AND MEDICAL CARE											
HEALTH AND MEDICAL CARE	17. Prenatal Care	No prenatal care.	Care starts in 2nd–3rd trimester. Keeps some appointments.	Care starts in 2nd–3rd trimester. Keeps most appointments.	Care starts in 1st trimester. Keeps most appointments.	Care starts in 1st trimester. Keeps postpartum appointments.					
	18. Parent Sick Care	Acute or chronic conditions go without Dx/Tx. No medical home.	Seeks care only when very ill. Uses ER or urgent care. No medical home.	Seeks care inconsistently. Inconsistent Tx follow-up. Unstable medical home.	Seeks care appropriately. Follows Tx recommended. Has medical home.	Seeks care appropriately. Follows Tx recommended. Has medical home.					
	19. Family Planning	No FP method used. Lacks information about FP.	FP method use rare. Limited understanding of FP.	Occasional use of FP methods. Some understanding of FP.	Regular use of FP methods. Good understanding of FP.	Consistent use of FP methods. Plans and spaces pregnancies.					
	20. Child Well Care	None. No medical home.	Seldom. No medical home.	Occasional appointments. Unstable medical home.	Has annual exam only. Has medical home.	Keeps regular EPSDT schedule. Keeps well-child appointments with same provider. Stable medical home.					
	21. Child Sick Care	Medical neglect. No Dx/Tx for acute or chronic conditions.	Has care only when very ill. Uses ER or urgent care.	Timely care for minor illness. Inconsistent Tx or follow-up.	Timely care for minor illness. Follows Tx recommended.	Obtains optimal care. Control of acute or chronic conditions.					
	22. Child Dental Care	No dental home or care with serious ECC. Poor hygiene.	No dental home or care with some ECC. Inadequate Tx/hygiene.	Has dental home and some dental hygiene. Late Tx of ECC.	Has dental home. Some preventive care and timely Tx.	Has stable dental home. Regular preventive care and timely Tx.					
	23. Child Immunizations	None or refused.	IZ history uncertain. Records lost.	IZ begun, but no return appointment. Immunizations are not complete and up to date.	IZ delayed. Has return appointment.	Complete and up-to-date IZ.					
MENTAL HEALTH & SUBSTANCE USE											
MENTAL HEALTH	24. Substance Use	Chronic Hx drug and/or alcohol use with addiction or dependence.	Drug/alcohol binge. Intermittent use. No apparent addiction or dependence.	Rare or experimental use of drugs, or “clean.” In recovery group or Tx program.	Occasional use of legal substances. Stops if pregnant.	No Hx. Minimal or no current use. No use if pregnant.					
	25. Tobacco Use	Chain smokes. >2 packs/day. Uses smokeless. Heavy second-hand exposure.	Non-chain use or some second-hand exposure.	Decreases amount when pregnant. Controls second-hand exposure.	No use. No second-hand exposure in past 6 months or during current pregnancy.	None or never.					
	26. Depression/Suicide	Recurrent chronic depression with suicidal thoughts or attempts. Severe problem with ADL, parenting, and insight/perception.	Recurrent chronic depression without suicidal thoughts or attempts. Moderate problem with ADL, parenting, and insight/perception.	Recent postpartum or situational depression. Some problem with ADL, parenting, and insight/perception.	Manages or controls depression with Tx and/or medications or has recovered. Adequate ADL, parenting, and insight/perception.	No depression. Optimistic.					

	Score (NA = 0)	Area of life skill development	Low	1.5	2	2.5	3	3.5	4	4.5	High	Notes
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MENTAL HEALTH		27. Mental Illness	Severe symptoms of MI with/without Dx/Tx/medications. Severe problem with ADL, parenting, and insight/self-perception.	Symptoms of MI. Diagnosed but Tx inconsistent or ineffective. Moderate problem with ADL, parenting, and insight/perception.	Symptoms under control. Diagnosed and in Tx. Some problem with ADL, parenting, and insight/self-perception.	Situational or short-term MI. Recovered without relapse. Adequate ADL, parenting, and insight/self-perception.	No mental illness observed or indicated.					
		28. Self-Esteem	Poor. Self-critical. Anticipates criticism from others. Rarely initiates and avoids trying new skill.	Copes at times. Limited confidence and flat affect. Limited initiative for learning new skill.	Irritable or defensive. Makes excuses, blames others. Initiates/starts using new skill and gives up easily.	Beginning to actively initiate. Develops skill and recognizes own competence. Emerging confidence visible.	Confident in skill and ability to learn. Expresses pride in achievements and successes.					
		29. Cognitive Ability	Suspected mild-moderate DD. No Dx or support services. Severe problem with ADL, parenting and judgment.	Diagnosed DD or LD. Has education and/or support services. Moderate problem with ADL, parenting and judgment.	Diagnosed or indication of mild DD/LD. Needs some support by others. Some problem with ADL, parenting and judgment.	Indication/known special education or LD. Support by others not needed. Adequate ADL, parenting, and judgment.	Average or above-average cognitive ability. Competent ADL.					
BASIC ESSENTIALS												
BASIC ESSENTIALS		30. Housing	Homeless. Shelter or extremely substandard place.	Unstable or inadequate. Crowded housing. Frequent moves.	Stable rental. Lives with strangers or friends.	Lives with family or extended family (own or FOB's). Shares expenses.	Rents or owns apartment or house.					
		31. Food/Nutrition	Relies on emergency food bank/charity. Runs out of food.	Inadequate or unavailable resources. Worried about amount/quality of food.	Regularly uses government or community resources. Relies on WIC, food pantry, and/or food stamps.	Provides adequate amount/quality of food.	Provides optimal amount and quality of food.					
		32. Transportation	None or inadequate resources, or unable to use resources.	Uses public transportation not adequate for need.	Some access to shared car. Rides with others. No license.	Has own license and drives. Borrows car.	Has own car and drives with license and insurance. Has reliable, consistent transportation.					
		33. Medical/Health Insurance	None/unable to afford care or coverage.	Medicaid for pregnancy or emergency only.	Medicaid full-scope benefits with or without Share of Cost.	State-subsidized or partial-pay coverage.	Private insurance with or without co-pay for self/others.					
		34. Income	None. Illegal income only.	TANF and/or child support; SDI.	Employed with low income. Seasonal or 200% FPL.	Employed with moderate income. Meets expenses most of the time.	Adequate salary.					
		35. Child Care	None used yet or no resources available.	Multiple sources. Occasional use. Unsafe or inadequate environment.	Uses caring friend/relative with safe/stable environment. Limited developmental support.	Uses caring friend/relative with safe/stable environment. Good developmental support.	High-quality child care center with safe environment. Good developmental support.					

The Life Skills Progression™: Child Scale

Family record ID # _____ Indiv. # _____ Initial ___/___/___

Child Name _____ Sex _____ Race _____ Ethnicity _____ Ongoing ___/___/___ # _____

Child DOB ___/___/___ Age ___/___ (years/months) Medical codes _____ Closing ___/___/___

Score (NA = 0)	Area of life skill development	Low 1	1.5	2	2.5	3	3.5	4	4.5	High 5	Notes
INFANT/TODDLER DEVELOPMENT (4 MONTHS – 3 YEARS)											
CHILD DEVELOPMENT	36. Communication*	Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending.	Delays; meets EI criteria. Referred; enrolled. Sometimes attends.	Delays; meets EI criteria. Referred; enrolled. Attends regularly.	No delays. Average development for AA or CA.	Above-average development for AA or CA.					
	37. Gross Motor*	Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending.	Delays; meets EI criteria. Referred; enrolled. Sometimes attends.	Delays; meets EI criteria. Referred; enrolled. Attends regularly.	No delays. Average development for AA or CA.	Above-average development for AA or CA.					
	38. Fine Motor*	Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending.	Delays; meets EI criteria. Referred; enrolled. Sometimes attends.	Delays; meets EI criteria. Referred; enrolled. Attends regularly.	No delays. Average development for AA or CA.	Above-average development for AA or CA.					
	39. Problem Solving*	Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending.	Delays; meets EI criteria. Referred; enrolled. Sometimes attends.	Delays; meets EI criteria. Referred; enrolled. Attends regularly.	No delays. Average development for AA or CA.	Above-average development for AA or CA.					
	40. Personal-Social*	Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending.	Delays; meets EI criteria. Referred; enrolled. Sometimes attends.	Delays; meets EI criteria. Referred; enrolled. Attends regularly.	No delays. Average development for AA or CA.	Above-average development for AA or CA.					
	41. Social-Emotional**	Shows signs of neurological or environment-linked concerns. No IMH services.	Shows signs of neurological or environment-linked concerns. Referred to or court ordered IMH. Limited participation.	Shows signs of neurological or environment-linked concerns. Regular participation in IMH with positive results.	No signs of neurological or environment-linked concerns requiring referral to IMH.	Responsive, social, alert; communicates needs/feelings. Emotionally connected to parent.					
	42. Regulation	Irritable; hard to console or poor self-regulation. Cues unclear. Non- or overly responsive to environment.	Passive/flat affect; little exploration. Does not seek comfort or share delight often.	Anxious, withdrawn, clingy. Relies on coregulation. Limited self-regulation, exploration, and play.	Quiet or changeable moods; seeks comfort and uses self-regulation, exploration, and play.	Happy, content; easily consoled. Well connected to parent. Explores, plays, shares delight.					
	43. Breast Feeding	Not breast fed or breast fed <2 weeks.	Breast fed/expressed <1 month.	Breast fed/expressed for 1–3 months.	Breast fed/expressed 3–6 months, with or without supplement.	Breast fed/expressed >6 months with some supplement.					

*Rating should be based on a developmental screening or assessment (e.g., ASQ) or **on a social-emotional screening (ASQ:SE).