

8 aeaps[®]3 Developmental Areas

AEPS-3 is a comprehensive system used to accurately assess young children's skills, develop quality goals and outcomes, select effective teaching strategies, and monitor child progress over time in eight developmental areas. Each area is divided into groups of related skills. Each group is then broken down further into specific skills, or goals and objectives.

AEPS-3 Test Area	Skills Tested	Examples
FINE MOTOR Fine motor skills involve moving and using your arms and hands.	<ul style="list-style-type: none"> ■ Ability to use arms and hands 	<ul style="list-style-type: none"> ■ Reaching for toys ■ Grasping objects and releasing them ■ Using a spoon ■ Using crayons or pencils
GROSS MOTOR Gross motor skills involve moving and getting around in your surroundings.	<ul style="list-style-type: none"> ■ Ability to balance, change position, and move around ■ Ability to use play skills needed on a playground 	<ul style="list-style-type: none"> ■ Rolling ■ Crawling ■ Walking and running ■ Jumping and skipping ■ Riding a bike and climbing
ADAPTIVE Adaptive skills involve being able to care for yourself.	<ul style="list-style-type: none"> ■ Self-care ■ Safety 	<ul style="list-style-type: none"> ■ Eating and drinking ■ Preparing and serving food ■ Dressing and undressing ■ Using the toilet, washing hands, bathing ■ Following safety rules
SOCIAL-EMOTIONAL Social-emotional skills involve interacting and participating with others.	<ul style="list-style-type: none"> ■ Playing and talking with adults and peers ■ Expressing and regulating emotions ■ Ability to meet own needs 	<ul style="list-style-type: none"> ■ Showing affection ■ Playing cooperatively with others ■ Choosing activities to do ■ Sharing toys ■ Finding a jacket when cold
SOCIAL-COMMUNICATION Social-communication skills involve communicating with others.	<ul style="list-style-type: none"> ■ Establishing joint attention ■ Understanding words and sentences ■ Using words and sentences to talk ■ Showing others something of interest ■ Ability to maintain conversation 	<ul style="list-style-type: none"> ■ Listening to others ■ Speaking to others ■ Understanding directions ■ Understanding conversation rules
COGNITIVE Cognitive skills involve mental processes and reasoning.	<ul style="list-style-type: none"> ■ Using imitation skills ■ Solving problems ■ Using reasoning and scientific discovery 	<ul style="list-style-type: none"> ■ Knowing an object is there after someone hides it ■ Remembering or recalling events ■ Imitating actions ■ Understanding cause and effect ■ Making observations and predictions
LITERACY Literacy skills involve prereading and reading.	<ul style="list-style-type: none"> ■ Prereading ■ Reading 	<ul style="list-style-type: none"> ■ Holding a book right-side up ■ Matching sounds with letters ■ Recognizing letters and words ■ Understanding a story ■ Writing letters and words
MATH Math skills involve numbers and number manipulation.	<ul style="list-style-type: none"> ■ Using numbers 	<ul style="list-style-type: none"> ■ Counting ■ Comparing numbers of items ■ Recognizing and writing numbers