# Sing and Sign for Young Children: Supporting Language and Attachment with Sign, Songs and Play

Anne Meeker Watson, Ph.D., MT-BC

anne@ singplaylove.com

www.singplaylove.com

#### LEARNER OUTCOMES OF THIS PRESENTATION:

#### 1. Define joint attention and its importance for early language.

The shared focus of two individuals on an object. One individual alerts another to an object by means of eye-gazing, pointing, or other verbal or non-verbal indications.

Important for the development of:

- Language comprehension
- Oral language production
- Word learning
- Meeting child's needs

# 2. Explain the difference between ASL signs, invented signs and sign approximations.

American Sign Language (ASL): "A complete, complex language that employs signs made by moving the hands combined with facial expressions and postures of the body" (NIDCD)

Invented signs: Gesture a young child creates and consistently uses to communicate

Sign approximations: Child's best try at imitating a signed word that is modeled for them

## 3. List the three steps children master to sign to communicate.

- 1. Imitation
- 2. Understanding
- 3. Expression

## 4. Describe the benefits of singing AND signing for child development.

- 1. Supports emotional regulation
- 2. Enhances receptive and oral language
- 3. Strengthens attachment between child and caring adult
- 4. Reinforces imitation skills
- 5. Integrates listening, motor skills, language, problem solving, spatial-temporal experience, and literacy
- 6. Enriches vocabulary
- 7. Give children a variety of tools to retell and recall stories.
- 8. Supports participation for all children: non-verbal, deaf or HH, dual language learners

#### How to add sign to your day

- Add key signs for routines and transitions
- Add signs for preferred interests of children
- Add a few signs as you read your favorite books and signs
- Sign feeling words to reinforce emotional literacy
- Joyfully connect through sign, song, books, and play!

## **ONLINE RESOURCES**

Free song. "Hickory Dickory Dock." Anne M. Watson. www.singplaylove.tools/squeak

Free song. "Frog in the Meadow." Anne M. Watson. https://youtu.be/-zE0vZO2Sb0

Free self-calming took kit. www.singplaylove.com

ASL video dictionary. Signing Savvy. https://www.signingsavvy.com/

Video. "The Baby Brain" (2020) Patricia K. Kuhl. https://www.youtube.com/watch?v=ErPPXfsY6a8&t=426s

Video. "The Cell Phone Experiment: Consequences of Distracted Parenting." (2019) Michelle Kelly and Anne Watson. https://vimeo.com/manage/videos/339213901

## **BOOKS**

Baby Sing & Sign by Anne Meeker Miller (2007)

Toddler Sing & Sign by Anne Meeker Miller (2007)

Mealtime and Bedtime Sing & Sign by Anne Meeker Miller (2008)

Sing and Sign for Young Children: A Guide for Early Childhood Professionals by Anne Meeker Watson SING.PLAY.LOVE. Educator & Family Kits.

## **CITATIONS**

Lucca, K., & Wilbourn, M. P. (2019). The what and the how: Information-seeking pointing gestures facilitate learning labels and functions. *Journal of Experimental Child Psychology*, 178, 417–436. https://doi.org/10.1016/j.jecp.2018.08.003

The Man Who Took His Life as a Dance. (2013, April 12). The New York Times.

https://www.nytimes.com/2013/04/14/arts/dance/bill-t-jones-and-oliver-sacks-connect-at-live-arts.html#:~:text=Much%20more%20of%20the%20brain (Oliver Sachs quote)

Visit www.singplaylove.com to sign up for Anne's newsletter, check out her blog, and shop for book kits. Get social with Anne and the SING.PLAY.LOVE. community!

- √ www.facebook.com/ singplaylove
- √ www.instagram.com/mysingplaylove
- √ www.youtube.com/ singplaylove

SONGS	CORRELATED PICTURE BOOKS	SING.PLAY.LOVE.
Hickory Dickory Dock	Hickory Dickory Dock (Baker)	www.singplaylove.tools/squeak
Mommy Go 'Round the Sun	Sunrise, Moonrise (Thompson)	SING & SIGN book
Frog in the Meadow	Jump, Frog, Jump! (Kalan)	www.youtube.com/singplaylove
John the Rabbit	John the Rabbit (Watson) One Brown Bunny (Bauer)	"I Love Learning" Educator Kit/ Single Book Kit
Saturday Morning	First 100 Words (Priddy Books)	SING & SIGN book
I Take the Music with Me	I Take the Music with Me (Watson) We All Sing with the Same Voice (Miller and Greene)	SING & SIGN book/Early Learning Educator Kit/Single Book Kit

<sup>\*</sup>BOLDED SONG TITLES available in SING.PLAY.LOVE. picture book format.