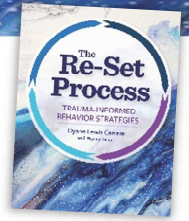


How Trauma Affects a Student's Psyche: What Educators Need to Know and Do

Developed and Presented by Dyane Carrere, M.Ed.



Psyche is “the deepest thoughts, feelings, or beliefs of a person _____ and _____”

Childhood trauma more profoundly shapes psyche because of

1. Developmental context
2. History
3. Attachment

Trust

- Adults
- Peers
- Self

The Easy Button is _____ because of _____.

Reconceptualization: Trauma-based Challenging Behaviors as an Emotional Heart Attack

Inappropriate/misbehavior as _____ and _____

Healing Actions

1. The Environment

- attend to overall environmental stimulation
- safe places/routines
- “no changes on Monday”

2. Adult & Student Relationship

- be an anchor
- entrust
- re-think traditional classroom management strategies
 - avoid techniques that shame
 - step away from contingencies
 - broaden your concept of accountability
 - private redirects (go-to-questions)

3. Student Perception of Self

- envision
- invite reflection with your caring guidance
- intentionally build toward self-regulation

