

Mission Possible

Goal, Plan, Do, Check

Goal: *What do you want to do?*

Plan A: *How do you want to do it?* _____

Plan B: *How do you want to do it if Plan A doesn't work?*

Do: *When do you want to try out your plan?* _____

Check: *Did your plan work? Yes/No*

What was most helpful? _____

From Cannon, L., Kenworthy, L., Alexander, K.C., Werner, M.A., & Anthony, L.G. (2011). *Unstuck and on target!: An executive function curriculum to improve flexibility for children with autism spectrum disorders, research edition* (pp. 140, 143). Baltimore, MD: Paul H. Brookes Publishing Co.; adapted by permission. Copyright © 2011 by Paul H. Brookes Publishing Co., Inc. All rights reserved.

In *Solving Executive Function Challenges: Simple Ways to Get Kids with Autism Unstuck and on Target*, by Lauren Kenworthy, Laura Gutermuth Anthony, Katie C. Alexander, Monica Adler Werner, Lynn Cannon, & Lisa Greenman. (2014, Paul H. Brookes Publishing Co., Inc.)