

Target Goal Planner



The diagram illustrates a goal-setting process. At the top, a cluster of dots leads to a circular icon of a person writing on a calendar. This icon is connected by a dotted line to a circular icon of a video game controller. The controller icon is connected by another dotted line to a circular icon of a target with an arrow in the bullseye. To the right of the calendar icon is a text box labeled 'Plan:'. To the right of the controller icon is a text box labeled 'Possible whim:'. To the right of the target icon is a text box labeled 'Target goal:'. Each text box has three horizontal lines for writing.

Plan: _____

Possible whim: _____

Target goal: _____

Solving Executive Function Challenges: Simple Ways to Get Kids with Autism Unstuck and on Target,
by Lauren Kenworthy, Laura Gutermuth Anthony, Katie C. Alexander, Monica Adler Werner, Lynn Cannon,
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