

## Mission Possible

### Goal, Plan, Do, Check

**Goal:** *What do you want to do?*

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**Plan A:** *How do you want to do it?* \_\_\_\_\_

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**Plan B:** *How do you want to do it if Plan A doesn't work?*

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**Do:** *When do you want to try out your plan?* \_\_\_\_\_

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**Check:** *Did your plan work?* Yes/No

*What was most helpful?* \_\_\_\_\_

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From Cannon, L., Kenworthy, L., Alexander, K.C., Werner, M.A., & Anthony, L.G. (2011). *Unstuck and on target!: An executive function curriculum to improve flexibility for children with autism spectrum disorders, research edition* (pp. 140, 143). Baltimore, MD: Paul H. Brookes Publishing Co.; adapted by permission.  
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In *Solving Executive Function Challenges: Simple Ways to Get Kids with Autism Unstuck and on Target*, by Lauren Kenworthy, Laura Gutermuth Anthony, Katie C. Alexander, Monica Adler Werner, Lynn Cannon, & Lisa Greenman. (2014, Paul H. Brookes Publishing Co., Inc.)