STOP BULLYING IN ITS TRACKS

If You See Something, Do Something





Recognize

- when another person is in distress
- when there is an imbalance of power
- when kids are being left out
- that name calling hurts
- that you have a role to play in creating a positive school climate



Respond

- to the student who is being bullied
- to the victim with helpful advice
- by asking them to hang out
- by being an upstander
- by safely intervening
- with kindness



Report

- to a teacher
- to the principal
- to a caring adult
- on your school's website
- to an authority (bus driver)
- to your parents
- in writing



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This poster was created using information from *Recognize, Respond, Report: Preventing and Addressing Bullying of Students with Special Needs* by Lori Ernsperger, Ph.D, BCBA-D. Learn more about the book by visiting: bit.ly/bullyingresponse