

Family Profile Preschool

for developmental range 36–66 months

Child's name: _____ Child's date of birth: _____

Family's name: _____ Today's date: _____

Name of person completing form: _____ Date of administration: _____

The following items gather information about your strengths as well as the supports and resources you need to provide a safe, responsive, and emotionally nurturing environment for your child. The items focus on knowledge, skills, and resources you need in order to foster your child's social-emotional development and competence. Although you can complete this form on your own, the preferred method is through an interview with a professional. Items that are not relevant or that you do not want to answer can be omitted.

Items are accompanied by one or more examples to help you understand the item. Following the examples is a space for you to share your own examples related to each item. Please choose between *most of the time*, *sometimes*, *not yet*, or *not sure/need more information* in your response. In addition, you may indicate if you would like to choose the item as an area of focus to gain more information, support, or resources related to the item.



Please read each item carefully and check the box ☒ that best describes you.
Check the triangle ☒ if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
F-1.0 RESPONDING TO MY PRESCHOOLER'S NEEDS					
1.1 I understand my child's nonverbal communication and know how to respond.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be					
<i>My child usually gets whiny or cranky when she is hungry or tired, and I ask her if she wants a snack or a nap.</i>					
<i>I dance or jump around with my child when she seems to be in a playful mood.</i>					
Please give examples of your child's nonverbal communication and ways that you respond:					
1.2 I understand my child's verbal communication and know how to respond.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be					
<i>I understand my child's words and am able to respond to him.</i>					
<i>I ask my child questions about his day (e.g., what he did, what he saw) and listen to his responses.</i>					
Please give examples of your child's verbal communication and ways that you respond:					
1.3 I know how to support my child's emotional needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be					
<i>I encourage my child to identify and talk about her feelings when I see that she is mad, frustrated, unhappy, or excited.</i>					
<i>I have my child take deep breaths to help her calm down when she is upset.</i>					
<i>I give my child choices about her daily routines (e.g., what she wears, what story to read, what to play).</i>					
Please give examples of how you support your child's emotional needs:					

Please read each item carefully and check the box ☒ that best describes you.
Check the triangle ☒ if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
1.4 I use positive comments and language with my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I give my child a high five when he picks up his toys.</i> <i>I praise my child's good response when he ignores his siblings' teasing.</i>					
Please give examples of positive language you use and comments you say to your child:					
1.5 I know how to redirect my child's inappropriate behaviors.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I ask my child if she can choose a different toy when she wants to take her baby sister's doll.</i> <i>I remind my child to walk indoors when she begins to run, or I ask her if she wants to go outside to play.</i>					
Please give examples of ways you redirect your child's inappropriate behaviors:					
1.6 I understand why my child engages in inappropriate behaviors and know how to modify the environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I prepare my child for a long car trip by providing books and other enjoyable activities to do in the car.</i> <i>I let my child choose one grocery item at the store before a tantrum occurs.</i>					
Please give examples of ways that you prevent inappropriate behaviors:					

Please read each item carefully and check the box ☒ that best describes you.
Check the triangle ☒ if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
F-2.0 PROVIDING ACTIVITIES THAT MATCH MY CHILD'S DEVELOPMENTAL LEVEL					
2.1 I provide my child with books, toys, and activities that match his developmental level.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be					
<i>I offer different materials and toys for my child (e.g., games and art supplies that encourage thinking skills and creativity).</i>					
<i>I give my child dress-up clothes and toy dishes to encourage imaginative play.</i>					
Please give examples of items you provide for your child:					
2.2 I know the age-appropriate games that my child enjoys.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be					
<i>I play simple action games with my child that she enjoys (e.g., Simon Says, Red Rover).</i>					
<i>I play my child's favorite board games with her (e.g., Candyland, Memory Game).</i>					
Please give examples of games that you play with your child:					
F-3.0 PROVIDING PREDICTABLE SCHEDULE/ROUTINES AND APPROPRIATE ENVIRONMENT FOR MY CHILD					
3.1 I provide a mealtime routine for my child that is predictable and appropriate for his age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be					
<i>I provide my child with meals and snacks at regular times each day.</i>					
<i>I include my child in meal preparation when possible (e.g., picking out vegetables, measuring and stirring, helping set the table).</i>					
Please give examples of foods you provide and your mealtime routine.					

Please read each item carefully and check the box ☒ that best describes you.
Check the triangle ☒ if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
3.2 I provide a rest and sleeping routine for my child that is predictable and appropriate for her age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I provide bedtime and naptime at consistent times across days and weeks.</i> <i>I help my child follow a simple routine before bed (e.g., taking a bath, brushing teeth, taking time to quietly read books together).</i>					
Please give examples of your child's naptime and bedtime routines:					
3.3 I provide my child with predictable limits and consequences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I provide my child with consistent limits and rules (e.g., no hitting or running in the house).</i> <i>I notice and comment to my child when he is doing something positive and consistent with our household rules (e.g., "I like the way you are putting away your clothes")</i>					
Please give examples of how you provide predictable limits and consequences for your child:					
3.4 I take time each day to play with my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I take time each day to laugh and be silly with my child.</i> <i>I play rhyming games and sing songs with my child as we go through the day.</i>					
Please give examples of times of day when you play with your child and playful activities you do together:					

Please read each item carefully and check the box ☒ that best describes you.
Check the triangle ☒ if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
F-4.0 PROVIDING A SAFE HOME AND PLAY ENVIRONMENT FOR MY CHILD					
4.1 I have done a safety check on my home to make it safe for my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>An example might be</p> <p><i>I keep dangerous objects and harmful substances (e.g., medications, cleaning supplies, weapons) out of reach or in locked cupboards.</i></p>					
Please give examples of ways you keep your environment safe for your child:					
4.2 I have a safe way to transport my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>Some examples might be</p> <p><i>I use a car seat that is appropriate for my child's height and weight.</i></p> <p><i>I provide my child with a bike helmet when she rides a bike.</i></p>					
Please give examples of your child's safe travel arrangements:					
4.3 I am able to provide my child with safe care and supervision.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>Some examples might be</p> <p><i>I watch my child while he plays at the park or outdoors.</i></p> <p><i>I arrange for someone else to supervise or care for my child when I am unable to watch or care for him.</i></p>					
Please share ways that you provide safe care for your child:					

Please read each item carefully and check the box ☒ that best describes you.
Check the triangle ☒ if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
4.4 I have access to regular medical and dental care for my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

An example might be

I am able to take my child to the child health clinic for checkups (including hearing and vision) and dentist at least twice per year.

Please give examples of your health care providers:

4.5 I know how to manage my own feelings of anger and frustration that come up when I am with my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Some examples might be

I have a trusted person to call for help or advice when I am struggling with my child's behaviors and I am unsure what to do.

I have ways of taking time and caring for myself regularly.

Please give examples of who you turn to or other ways you manage your feelings and frustration: