Tips for helping children with Autism practice eye contact

Bedtime

While placing your child in the crib or tucking her in bed, wait for eye contact, and then smile and kiss your child goodnight.

Bath Time & Dressing

Use predictable language and sensory-social games your child likes, such as "I'm going to get your belly...."

Playtime

Use songs, rhymes, and finger plays enjoyed by your child, such as Peekaboo and Pat-a-cake.

Book Time

Position your child so she can easily look at you. When talking about the pictures or reading the book, establish a pattern using predictable words and sounds your child enjoys.

Community Outings

When your child is in a wagon or stroller, play "go and stop" games, using the words to gain smiles and anticipation.

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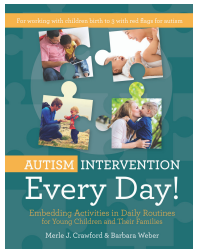
Adapted from *Autism Intervention Every Day!* by Merle J. Crawford, M.S., OTR/L, BCBA, CIMI, & Barbara Weber, M.S., CCC-SLP, BCBA.