

Play Skills Checklist

This checklist contains some of the skills involved in many types of play. Place a check in the column to the right of each skill that best indicates your child's current performance level.

	1	2	3	4
	Does Not Do	Does with Much Help	Does with Some Help	Does Alone
CATEGORY A: BASIC PLAY SKILLS				
Pays attention to someone speaking				
Pays attention to music				
Grasps or holds large toys or objects				
Grasps or holds crayons or pencils				
Pushes, pulls, and turns toys				
Names toys and objects used for play				
Names body parts				
Plays simple hide-and-seek games (peek-a-boo, hunts for missing toy)				
Follows directions: gives or takes toys				
Follows directions: opens and closes lids or doors				
Follows directions: lines up toys on table or floor				
Follows directions: carries toys from place to place				
Sits alone for up to 5 minutes				
Imitates gestures				
CATEGORY B: SKILLS FOR PLAYING ALONE				
Sits unattended for 5–10 minutes				
Does stacking rings				
Builds tower of three blocks				
Builds tower of six blocks				
Scoops water or beans from one container into another				
Drops beads into container				
Strings beads				
Cuts with scissors				
Pastes pictures				
Scribbles with crayon on paper				
Colors in coloring book, mostly in lines				
Does simple noninterlocking puzzles				

	1	2	3	4
	Does Not Do	Does with Much Help	Does with Some Help	Does Alone
Does interlocking puzzles, 4–6 pieces				
Does interlocking puzzles, 7–15 pieces				
Does interlocking puzzles, 16 + pieces				
Does color and shape matching game (lotto)				
Does picture-matching lotto				
Plays computer games				
Plays video games				
CATEGORY C: SKILLS FOR PLAYING WITH OTHERS				
Plays bean bag toss				
Throws and catches medium ball within 3 feet				
Throws and catches small ball within 3 feet				
Throws and catches medium ball more than 10 feet				
Throws and catches small ball more than 10 feet				
Hits ball with bat, off of tee				
Hits ball with bat, when pitched				
Kicks ball, as in soccer or kickball games				
Hits ball, as in volleyball				
Throws basketball into (lowered) basket				
Rides tricycle				
Rides Razor/scooter				
Goes in-line skating				
Swims				
Paints with other children (e.g., two or more children paint large picture)				
Works with clay on project with other children				
Does dramatic play: pretends to be someone else (e.g., Mommy, Superman)				
Dances				
Sings along with other children				
Does simple pantomime				
Does puppet play with others				
Does simple skit with others				
Plays video games with others				