



# How *Tackling the Tough Stuff* Aligns to the Head Start Family Engagement Outcomes and PAT Foundational Curriculum

Parents as Teachers offers a relationship-based home visiting approach that helps achieve Head Start Outcomes by focusing on engaging parents in their children's learning and development. Parents as Teachers aligns with the five Head Start essential domains and with the Office of Head Start's Parent, Family, and Community Engagement (PFCE) Framework.

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*Tackling the Tough Stuff* equips professionals with the PAUSE Framework for addressing challenging behaviors and other difficult family situations with infants and toddlers to support the Head Start Family Engagement Outcomes and PAT Foundational Curriculum. The PAUSE Framework blends relationship-based practice, reflective skills, and concrete information in a way that home visitors can use in everyday interactions with children and families.

The chart below further illustrates the connection between the Head Start Family Engagement Outcomes, PAT Foundational Curriculum, and the PAUSE framework found in *Tackling the Tough Stuff*.

