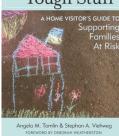
## Tackling the Tough Stuff



## How *Tackling the Tough Stuff* Aligns to the Head Start Family Engagement Outcomes and PAT Foundational Curriculum

Parents as Teachers offers a relationship-based home visiting approach that helps achieve Head Start Outcomes by focusing on engaging parents in their children's learning and development. Parents as Teachers aligns with the five Head Start essential domains and with the Office of Head Start's Parent, Family, and Community Engagement (PFCE) Framework.

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Tackling the Tough Stuff equips professionals with the PAUSE Framework for addressing challenging behaviors and other difficult family situations with infants and toddlers to support the Head Start Family Engagement Outcomes and PAT Foundational Curriculum. The PAUSE Framework blends relationship-based practice, reflective skills, and concrete information in a way that home visitors can use in everyday interactions with children and families.

The chart below further illustrates the connection between the Head Start Family Engagement Outcomes, PAT Foundational Curriculum, and the PAUSE framework found in *Tackling the Tough Stuff*.

Head Start Parent, Family and Community Engagement Framework:		PAT Foundational Curriculum and Approach	
	Family Engagement Outcomes		nilies in their children's learning and development through tnering, facilitating, and reflecting.
*	Family well-being		The curriculum emphasizes:
*	Positive parent-child relationships	Parent-child interaction	Developmental-centered Family well-being
*	Family as lifelong educators	* Parenting behaviors	parenting * Family strengths,
*	Families as learners	* Child development	<ul> <li>Link between child capabilities, and development and parenting skills</li> </ul>
*	Family engagement in transitions	* Parent-child activities	* Developmental topics * Protective factors
*	Family connections to peers and community		* Resourcing
		PAUSE Frame	ework
	(Perceive, Ask, Understand, Strategize, Evaluate)		
	* Grounded in relationship and encourages parent and provider reflection		Evaluate • Evaluate the outcomes • Evaluate the outcomes • Observe and listen.
	* Organizes thinking about the behavior or issue, helps providers respond appropriately and effectively, and uses reflection to assess the experience		PAUSE
	* Emphasizes the importance of re	ationships	Strategize Ask • Select and take actions. • Ask questions to
	* Considers the perspective of all p	participants	learn more about what is happening.

Source: Parents as Teachers Child Development and Family Engagement Alignment: A Resource Handbook

 Understand each participant's experience or viewpoint.