

Tip for Transition: Have Students Map Out Their Dreams Using a Dream Sheet

DREAM SHEET

Use this powerful tool with students to help them:

1. formulate a dream
2. identify strengths
3. maximize resources
4. develop action steps

Download a **FREE** Dream Sheet

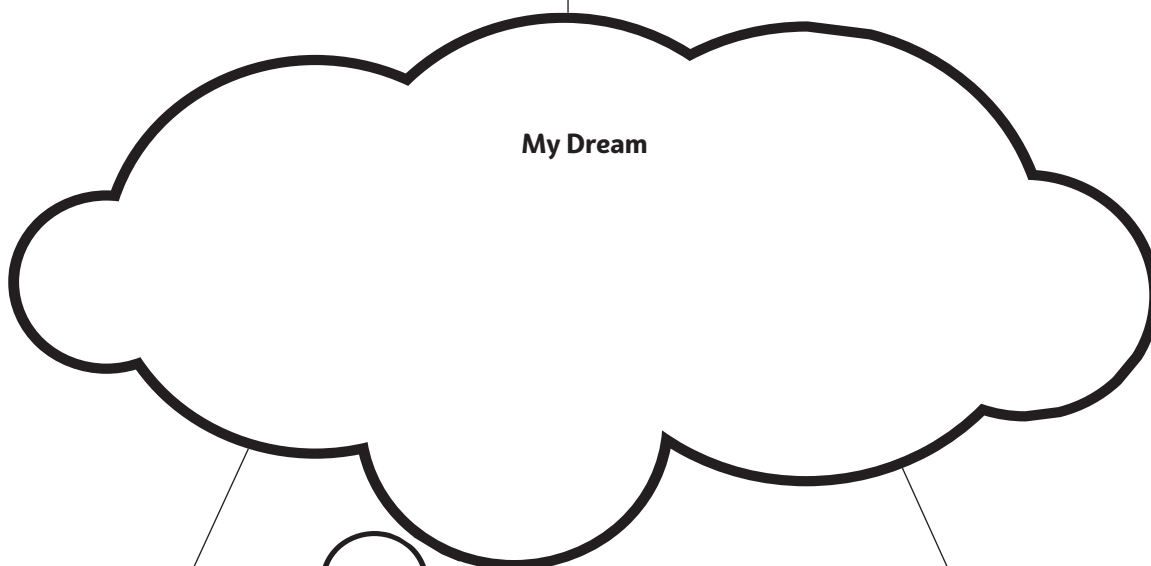
Adapted from *Your Complete Guide to Transition Planning and Services*
by Mary E. Morningstar, Ph.D. & Beth Clavenna-Deane, Ph.D.

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The Dream Sheet

My strengths

Support I need



My Dream



Steps for achieving my dream

Source: Snow & O'Brien, n.d.