

Stress-Busting Tips for Early Childhood Classrooms

Define bullying clearly so that children will report it

Be patient

Be sensitive to possible sensory integration and processing deficits

Define terms for children whose verbal interactions distress their peers

Help children handle jealousy

Provide wraparound care

Change a child's environment

Expect adjustment to vary over time



This infographic was created using information from *Little Kids, Big Worries: Stress-Busting Tips for Early Childhood Classrooms*

Learn more and read a Q&A with the author at www.brookespublishing.com/little-kids-big-worries

