

Home-Care Assessment

MASTERY

1. *Basic Steps Not Mastered.* These are skills for which your child cannot do all of the basic steps; he or she needs to learn some (or all) of the actions involved.
2. *Needs Assistance with Decisions.* These are skills for which your child can do the basic steps but needs help in making decisions about skill performance—he or she needs to be told when to do the skill, or what materials are needed, or how to begin, or whether the skill has been done well.
3. *Can Do Well and Independently.* These are skills for which your child can do the basic actions *and* make necessary decisions—so that you do not need to be there at all.

MOTIVATION

1. *A Problem.* These are skills that your child does not perform without urging; he or she needs to be motivated.
2. *Not a Problem.* These are skills that your child performs regularly without special encouragement.

	MASTERY			MOTIVATION	
	1	2	3		
SKILLS	Basic Steps Not Mastered	Needs Assistance with Decisions	Can Do Well and Independently	A Problem	Not a Problem
Cleaning					
Puts things away					
Empties baskets and puts out trash					
Sweeps					
Dusts					
Vacuums					
Washes windows or mirrors					
Mops floor					
Waxes floor					
Cleans sink					
Cleans toilet					
Cleans stove					
Cleans oven					
Defrosts and cleans refrigerator					
Washes and dries dishes, pots, and pans					
Loads dishwasher properly (if appropriate)					
Shovels snow					
Laundry					
Separates machine from hand washables					
Separates dry cleaning from washables					

	MASTERY			MOTIVATION	
	1	2	3		
SKILLS	Basic Steps Not Mastered	Needs Assistance with Decisions	Can Do Well and Independently	A Problem	Not a Problem
Separates clean from dirty clothes					
Separates light from dark clothes					
Washes items by hand					
Hangs items on clothesline					
Properly loads washing machine (knows what setting to use)					
Measures soap					
Uses dryer					
Uses coin-op machines					
Hangs up clothes neatly					
Folds clothes neatly					
Puts clothing away appropriately					
Irons clothing as needed					
Food Preparation					
Puts groceries away					
Sets table					
Clears table					
Gets snack					
Prepares cold breakfast					
Makes sandwich (no mixing, no cooking)					
Cooks prepared foods					
Prepares hot breakfasts (e.g., eggs)					
Uses oven (sets for temperature/times correctly)					
Fixes salads and desserts					
Cooks main dish					
Cooks complete meal					
Finds/replaces food and utensils in designated areas					
Identifies canned or boxed food by labels					
Stores leftover foods					
Identifies and discards spoiled foods					
Identifies and uses utensils and appliances: toaster					

	MASTERY			MOTIVATION	
	1	2	3		
SKILLS	Basic Steps Not Mastered	Needs Assistance with Decisions	Can Do Well and Independently	A Problem	Not a Problem
mixer/blender					
can opener					
coffee maker					
Uses measuring utensils					
Replacing Used Items					
Replaces burned-out light bulb					
Replaces toilet paper roll or bar of soap in bathroom					
Replaces batteries in toy, radio, or flash-light					
Replaces vacuum cleaner bag					
Replaces trashliners					
Tool Use					
Appropriately uses:					
stepladder					
hammer					
screwdriver					
wrench					
pliers					
measuring tape/yardstick					
rope (ties knots)					
Routine Adjustments and Maintenance					
Plugs/unplugs electrical appliances appropriately					
Adjusts window, shades, and drapes to light or temperature					
Adjusts thermostat					
Adjusts TV, radio (and selects stations)					
Secures the residence (at bedtime, when going out, and so forth)					
Makes a bed					
Changes a bed					
Feeds and waters house plants					
Waters, weeds, trims lawn or garden					
Trims hedges, bushes (if appropriate)					

	MASTERY			MOTIVATION	
	1	2	3		
SKILLS	Basic Steps Not Mastered	Needs Assistance with Decisions	Can Do Well and Independently	A Problem	Not a Problem
Puts up and takes down storm windows					
Turns lights, TV, and other appliances off when not in use					
Rakes leaves					
Cares for pets (feeding/watering/cleaning up after)					
Cuts lawn					
Puts gas and oil in lawnmower (if appropriate)					
Knows tool safety (especially lawnmower)					
Nonroutine Repairs					
Fixes broken hinge or handle					
Tacks a screen					
Resets a circuit breaker					
Hangs a picture					
Stops a continuously running toilet					
Uses a plunger for clogged toilet or sink					
Patches a crack in plaster					
Rewinds a window shade					
Removes a stain (carpet, clothing, curtains)					
Glues broken items					
Makes simple repairs on eyeglasses					
Unjams a toaster					
Splices a wire					
Paints large surfaces with brush or roller					
Paints small surfaces or trim with brush					
Cleans brushes and rollers					
Knows when to seek professional help for repairs					