Early Intervention
Adult Learning Principles

Supporting the learning needs of caregivers is a fundamental part of early intervention practice. These 6 principles can guide your work with caregivers to ensure strong and productive relationships.

1. Caregivers learn best when what is being learned is immediately relevant and useful.

2. Caregivers learn best when new knowledge is built on prior knowledge and experience.

3. Caregivers need to understand what they are learning, why it’s important, and how to use it with their children.

4. Caregivers learn best through active participation and practice.

5. Caregivers learn and remember best when what they are learning is practiced in context and in real time.

6. Caregivers benefit from opportunities to reflect and receive feedback on their learning and their performance.