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Teaching Expectations and Rules

Coffee Chat with Brookes
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National Center for
Pyramid Model
INNOVATIONS
ChallengingBehavior.org

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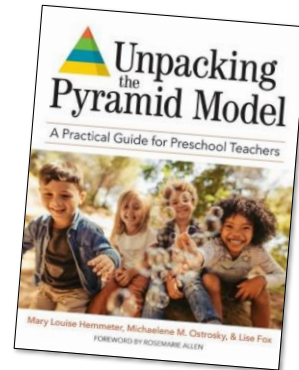
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Unpacking the Pyramid Model:
A Practical Guide for Preschool Teachers

Created by Pyramid Model developers and experts, this is the first book to provide a comprehensive, step-by-step overview of the Pyramid Model for children ages 2–5.
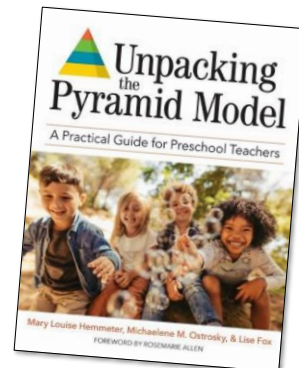
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Book Giveaway

We're giving away a **FREE** copy of

Unpacking the
Pyramid Model

One attendee will be selected at random and emailed after the webinar. Submit your questions to increase your chances!

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More information will be provided at the end
of the webinar.

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Watched the webinar recording
**Teaching Expectations and Rules in
Early Childhood Classrooms and Programs**

BROOKES   Webinar time: 1 hour

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Welcome

Introductions

Defining Expectations and Rules

Developing Expectations and Rules

Teaching and Acknowledging Expectations and Rules

Powering Up With Families

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Pyramid Model for Promoting Social and Emotional Competence in Infants and Young Children

Tertiary Intervention *Few*

Intensive Intervention

Secondary Prevention

Targeted Social Emotional Supports

A Framework of Evidence-Based Practices

Universal Promotion *All*

High Quality Supportive Environments

Nurturing & Responsive Relationships

Effective Workforce

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Defining Behavior Expectations and Rules

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Expectations

- **Expectations** = general ways you want people to act. They will apply to all children across all settings.

Example Expectations:

Be Respectful	Be Polite
Be Safe	Be Responsible
Be a Team Player	Be Honest
Be Peaceful	Be Friendly

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Program-Wide Expectations

- Creates a shared focus and continuity for program, school, classrooms
- Gives school/program a shared language
- Communicates positively what is desired

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Program-Wide Expectations

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Rules

- **Rules** = will help to clarify expectations for specific settings. They may only apply in certain settings.

Example Rules:

Keep hands and feet to yourself

Walk with your group

Listen for teacher directions

Use nice words

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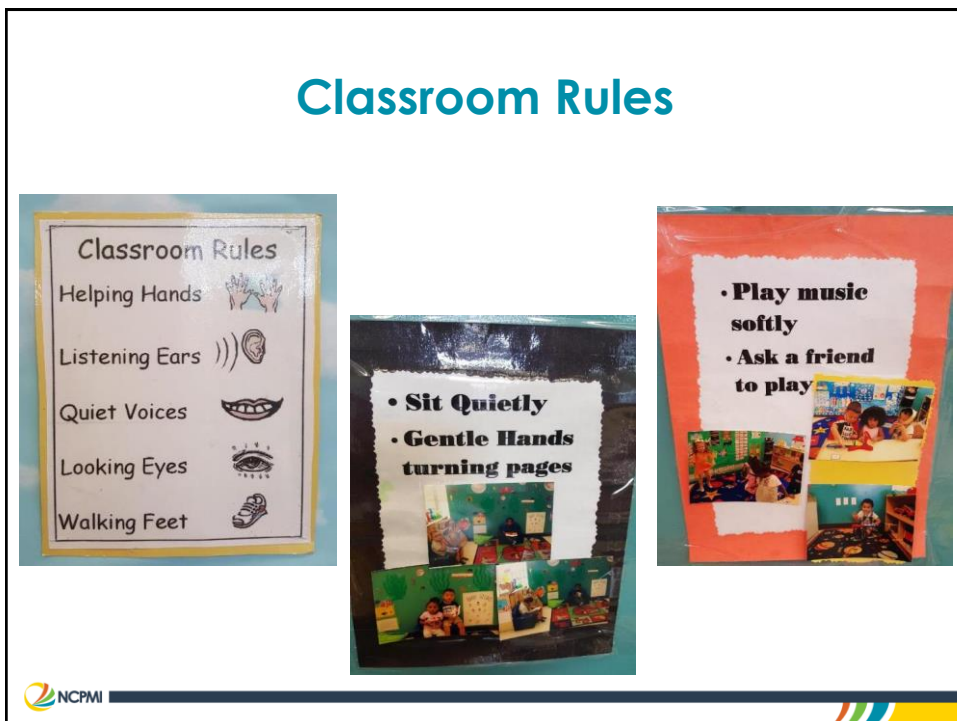
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Large Group Rules

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Library Center Rules

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Expectations vs. Rules

- We Are Superfriends
- Walking Feet
- Feet On The Floor
- Safety First
- Show Respect
- Keep Your Eyes on the Teacher

NAME IT GAME!

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Developing Expectations and Rules

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General Guidelines
about Expectations and Rules

- Get Staff and Families' input in developing expectations
- Involve the children in developing the rules.
- Post the expectations and rules and include a visual to help children understand.
- Teach the expectations and rules systematically.
- Reinforce the expectations and rules at high rates initially and at lower rates throughout the year.

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Guidelines

Should Be:
- Positively stated
- Posted (child level with visual)
- Few in Number (less than 5)
- Reviewed daily as a group
- Discussed throughout the day

Important Information

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**Developing Expectations:
The Happiest Child!**

- Each staff member identifies their top 3 preferred child characteristics (if you had the most engaged, social child in your class what characteristics do they possess that makes you feel that way about them)
- Come together as a group and create a master list
- Eliminate duplicates
- Group by categories
- Label each category

1._____

2._____

3._____

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Family Input: Expectations

Let's Talk About Expectations
At Home

Think of your child at home. When your child is being their "best" and most engaged in an activity or with others, what are they doing that makes you feel that they're being their "best?" Circle your top 3 choices.

Sharing	Helping a child
Helping an adult	Being courteous (please and thank you)
Speaking Quietly (inside voice)	Speaking up
Using toys gently	Cleaning up after themselves
Feeding themselves	Using kind words
Look at an adult when spoken to	Walk when in the community
Stay near you when in the community	

Have a different idea of "best" behavior? Add it here.

Other:

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Hi, I would like **all** staff members to take a moment to vote on our school-wide mascot, motto, and expectations. Choose ONE mascot, ONE motto for that mascot, and THREE school wide expectations. The results of this vote will be revealed on March 2nd! **Return all ballots by Friday February 5th.**

Thanks! Jess

This is a BEE example, we wouldn't use this language (unless we vote to do so):	This is a CUB or LION example, we wouldn't use this language (unless we vote to do so):
Be safe! Be kind! Be helpful!	CUBS / LION PRIDE **OR**
☐ **Mascot:** Bee	☐ **Mascot:** Cubs or lion (circle your preference)
☐ **Motto:** The ELC is the best place to BEE!	☐ **Motto:** We're PAWsitive at the ELC!
☐ **Motto:** The ELC is buzzing with positivity!	☐ **Motto:** We take pride in being PAWsititve!
☐ **Motto: BEE Positive!**	☐ **Motto:** We've got PRIDE!

School Wide Expectations: Vote for your top **three**

☐**Be kind**	☐**Be a listener**	☐**Be a team player**
☐**Be respectful**	☐**Be calm**	☐**Be a learner**
☐**Be safe**	☐**Be peaceful**	
☐**Be a friend**	☐**Be polite**	

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Expectation/Rules Matrix

Expectations	Classroom	Playground	Hallway
Show Respect	Soft Touch	Take Turns	Inside Voice
Stay Safe	Walking Feet	Sit on Bikes, Slide, and Swings	Walking Feet

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Reminders

- Keep your list of expectations and rules short so children will be able to learn and memorize them.
- When developing expectations and rules use words that children will understand.
- If your school has school-wide expectations make sure you use those for your classroom but link them to rules your children will understand.
- If you are having difficulty developing expectations and rules think about the skills that are most important for children to master so they can become successful learners

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Teaching and Acknowledging Expectations and Rules

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Teaching

- Systematically
- Embedding opportunities for practice
- Examples and Non-examples
- Positive descriptive feedback

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Teaching Strategies

- Adult Modeling
- Modeling with Puppets
- Songs
- Fingerplays
- Flannel Board Activities
- Role Play

- Prompts
- Priming
- Reinforcement
- Incidental Teaching
- Use of Games
- Use of Children's Literature
- Social Stories

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Teaching!

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Examples and Non-Examples

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Stop/Go Teaching Rules

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Promoting Expectations

- Bulletin Boards
- T-shirts
- Photo Displays
- Classroom books
- Plays
- Songs
- Roll Out Rally

- Classroom celebrations
- Family lesson plans
- Playground party
- Video production
- Family newsletter
- Staff acknowledgement
- Invite the Board!

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Building Staff Excitement

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Be Safe
Be Helpful
Be A Team Player
Be Kind
Everyone Belongs

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"Together We Can"
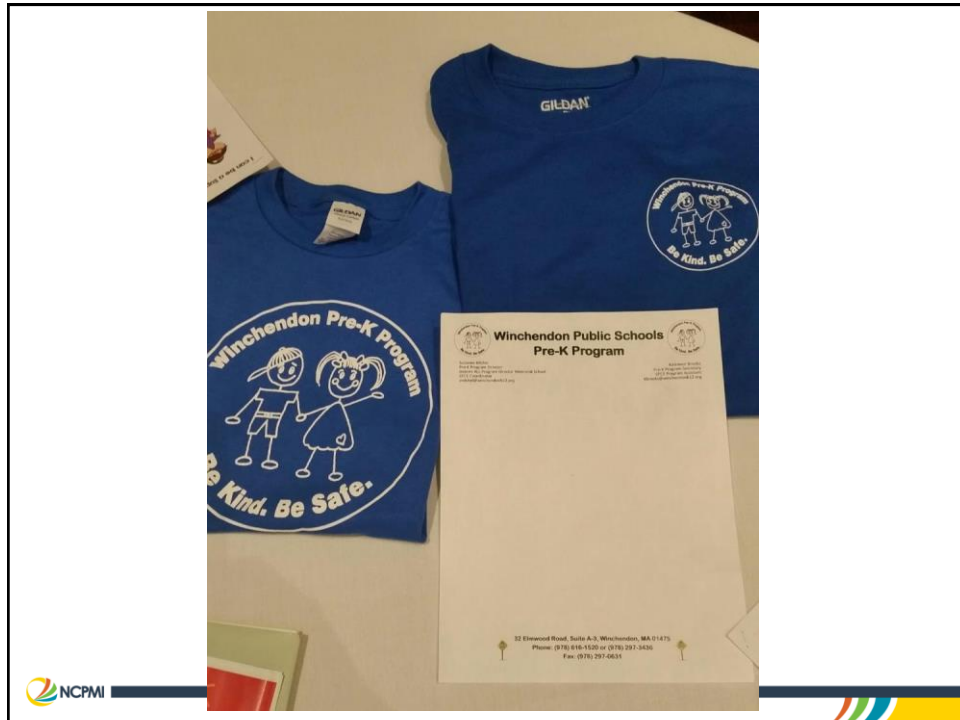## Support Positive Behavior at Valeska Hinton

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Staff T-Shirts

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Acknowledging the Expectations

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Powering Up With Families

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Spring Open House- Roll-Out Event

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Greeting Families

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Partnering With Families

Household Rules

- Encourage families to create household rules.
- Help them make rules that teach their children what TO DO.
- Provide strategies to use for teaching and reinforcing the rules.

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Questions?

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Thank You

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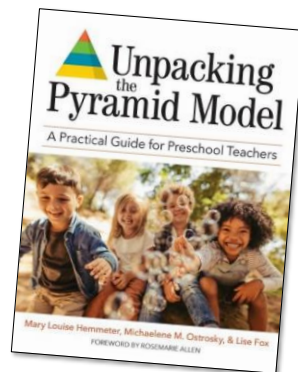
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Unpacking the Pyramid Model
A Practical Guide for Preschool Teachers

Mary Louise Hemmeter, Michaelene M. Ostrosky, & Lise Fox
FOREWORD BY ROSEMARIE ALLEN

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COVID-19 Resources

- **Recommended reading**
- **Downloadable resources**
- **Professional development webinars**

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Thank You!

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