

Emotion Coaching Among Providers and Parents: Supporting Early Social-Emotional Development

Links to Relevant Resources

Readings (Birth–5 Social-Emotional Learning)

- Early Social-Emotional Development Excerpt: <http://archive.brookespublishing.com/documents/edwards-early-social-emotional-development-excerpt.pdf>
- DEC – position statement on challenging behavior: <https://www.decdocs.org/position-statement-challenging-beha>
- 5 Classroomwide Practices to Improve Behavior: <https://brookespublishing.com/wp-content/uploads/2020/09/5-Classroomwide-Practices-to-Improve-Behavior.pdf>
- Emotion Synthesis: <https://www.child-encyclopedia.com/emotions/synthesis>
- Prevent-Teach-Reinforce for Young Children: <https://products.brookespublishing.com/Prevent-Teach-Reinforce-for-Young-Children-P659.aspx>

Websites (Birth–5 Social-Emotional Learning)

- Positive Behavior Support: <https://www.pbis.org/>
- National Center for Pyramid Model Innovations: <https://challengingbehavior.cbcs.usf.edu/>
- Center on the Social and Emotional Foundations for Early Learning: http://csefel.vanderbilt.edu/resources/what_works.html
- Center for Early Childhood Mental Health Consultation: <https://www.ecmhc.org/TTYC/index.html>
- Center on the Developing Child, Harvard University: <https://developingchild.harvard.edu/resources/inbrief-executive-function-skills-for-life-and-learning/>
- Templates for Tracking Behavior Concerns: <https://www.pbisworld.com/data-tracking/>
- Backpack Connections Series: <https://challengingbehavior.cbcs.usf.edu/Implementation/family.html>

Videos (Birth–5 Social-Emotional Learning)

- Pyramid Model Overview: <https://www.youtube.com/watch?v=MVFwbWZCi3g>
- How to Calm Your Child Down in Minutes: <https://www.youtube.com/watch?v=yRKpNaVaP84>
- Breathing Techniques and Mindfulness: https://www.youtube.com/channel/UC5uIZ2KOZZeQDQo_Gsi_qbQ