

Coaching 101: Getting Down to the Basics About Coaching Early Care Providers

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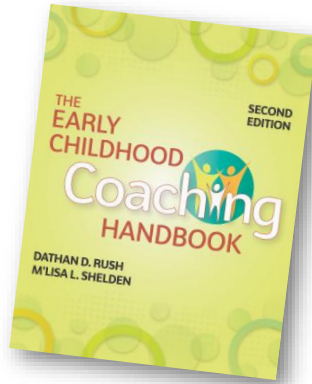
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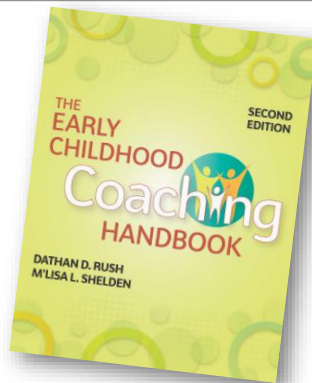


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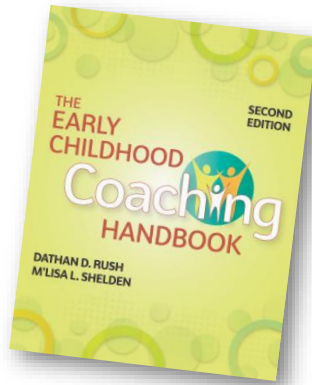
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Effective Helpgiving

How practitioners provide intervention opportunities and experiences for parents is critical and determines the success of the interventions used.

(Bandura & Locke, 2003; Dunst, Hamby, & Brookfield, 2007; Dunst & Trivette, 2009)



Relational Helpgiving

Practices and characteristics that promote positive relationships with the parent.

Trust

Respect

Empathy

Caring

(Dunst & Trivette, 2009; Trivette & Dunst, 2007)



Participatory Helpgiving

Practices and characteristics that promote active participation on the part of the parent (choice & action)

Participate in development of their goals

Develop their own plans with support

Implement the plans with support as needed

Evaluate the effectiveness of the actions

Develop new plans as needed

Self attribution

(Dunst & Trivette, 2009; Trivette & Dunst, 2007)



Operational Definition of Coaching

An adult learning strategy in which the coach promotes the learner's ability to reflect on his or her actions as a means to determine the effectiveness of an action or practice and develop a plan for refinement and use of the action in immediate and future situations.

(Rush & Shelden, 2004)



Coaching as Capacity-Building

The more the person's capacity has been built (i.e., increased confidence and competence), the better the person becomes at more independently achieving his/her desired outcomes now and in the future.



Coaching as Capacity-Building

The benefits of a capacity-building process are acquisition and use of new knowledge and skills as well as self-attribution related to his/her role in realizing the intended effects.

(Wilson, Holbert, & Sexton, 2006)



Focus of Early Childhood Intervention Programs

Build upon and provide supports and resources to assist family members and caregivers to enhance children's learning and development through everyday learning opportunities.

Natural Learning Environment Practices

Coaching caregivers on...**how** (*responsive strategies*) to support child **participation** in real-life routines and activity settings and understanding the importance of and knowing **how** (*responsive strategies*) to identify and use child interests as a primary means of inviting, enhancing, and expanding child participation (engagement).

- Child Interest
- Activity Settings and Routines
- Parent/Caregiver Responsiveness (parent/caregiver - child interaction)

Coaching Characteristics

Joint Planning

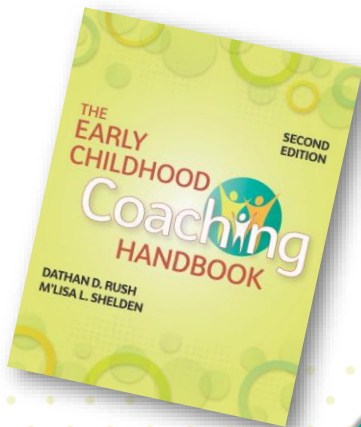
Observation

Action/Practice

Reflection

Feedback

Frequently Asked Questions



Coaching Tele-tips

Plan the visit around an activity setting/real-life routine

Plan the visit before jumping in

Camera on caregiver/child action

One question at a time

Ask caregiver to show you

Wait and watch

Modeling

Coaching Resources



<https://tinyurl.com/FIPPTele-Practice>

Coaching Resources



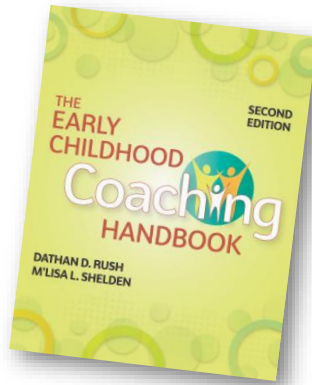
- Coaching Quick Reference Guide
- Tips & Techniques for Effective Coaching Interactions
- Coaching Practices Rating Scale

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Thank you!