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Supporting Students and Staff After COVID-19

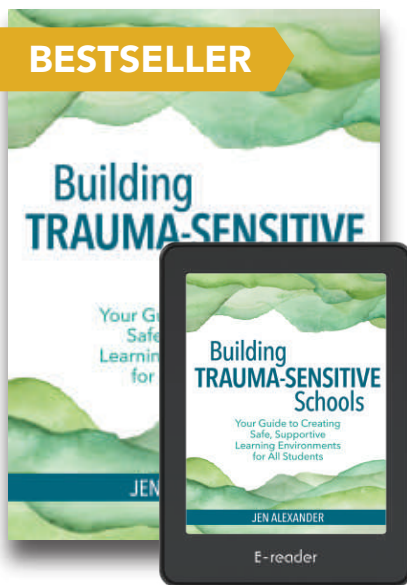
Your Trauma-Sensitive Back-to-School Transition Plan

By Jen Alexander, M.A., NCC, SB-RPT

When schools reopen after COVID-19 closures, both students and staff will have experienced months of unprecedented challenges. Your elementary school will need a compassionate, intentional, trauma-sensitive plan for easing the back-to-school transition—and that's what you'll find in this practical new ebook from acclaimed trauma expert Jen Alexander.

You'll get hands-on, adaptable guidance on designing and implementing a trauma-sensitive transition plan that puts relationships first, prioritizes emotional and social supports, breaks down barriers to learning, and empowers everyone in your learning community. And you'll put your plan in action with more than 50 downloadable resources, including journal pages, handouts, activities, planning forms, posters, and professional development PowerPoint slides. Packed with the how-to information every educator will need, this must-have guide is your key to making a thoughtful, trauma-sensitive transition plan—and creating a learning environment that meets everyone's needs better than ever.

US\$9.95 | PDF Stock #: 20202-54500 | ePub Stock #: 20202-54494 | 2020 | 112 pages | PDF ISBN 978-1-68125-450-0 | ePub ISBN 978-1-68125-449-4



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<https://bpub.fyi/TraumaSensitiveSchools>

Building Trauma-Sensitive Schools

Your Guide to Creating Safe, Supportive Learning Environments for All Students

By Jen Alexander, M.A., NCC, SB-RPT

Drawing on her experience as a school counselor, trainer, and mother, Jen Alexander delivers a comprehensive framework for building a supportive, responsive, and trauma-sensitive school environment. You'll start with an evidence-based introduction to the impact of trauma on a child's development, attachment, and behavior. Then you'll get an effective multi-tier system of support (MTSS) for developing a trauma-sensitive learning environment, including universal strategies (Tier 1) and more intensive interventions (Tier 2 and Tier 3) for students who need more support.

DISCOVER HOW TO:

- Implement **universal instructional strategies** that foster safety, connection, regulation, and learning
- Use **special supports and coaching** when universal strategies aren't enough
- **Collaborate effectively with families and colleagues**
- Incorporate **restorative discipline practices**
- Create a **personalized self-care plan** to reduce the effects of job-related stress

PRACTICAL MATERIALS: Creative activities for teachers, powerful case stories, sample dialogues and scripts, reflection and brainstorming worksheets, downloadable forms, handouts for use with students

US\$29.95 | Stock #: 20202-52452 | 2019 | 248 pages | 7 x 10 | paperback | ISBN 978-1-68125-245-2