

LET'S TALK TO PARENTS: STRATEGIES FOR REMOTE PARENT COUNSELING AND TRAINING



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Disclosure:

- *Financial* — Author for Elsevier, Brookes, Wiley, Plural, Pro-Ed Publishers and receives royalty payments.
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LEARNING OBJECTIVES

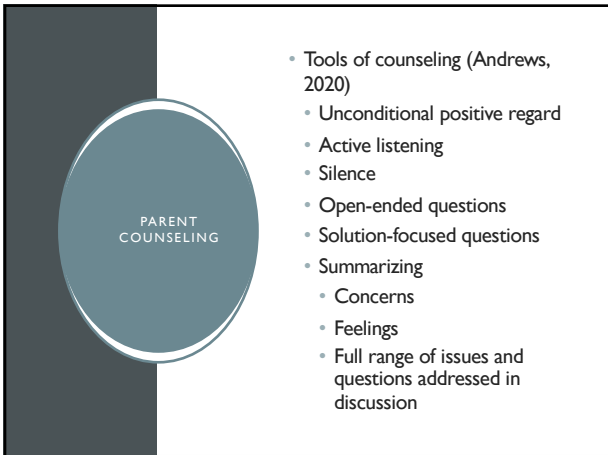
Following this course, participants will be able to:

- Discuss the role of parent counseling with the work of the SLP.
- Name four strategies for parent counseling.
- Discuss characteristics of adult learners for use in guiding parents to carry over language activities in the home.
- Name three evidence-based adult learning strategies.



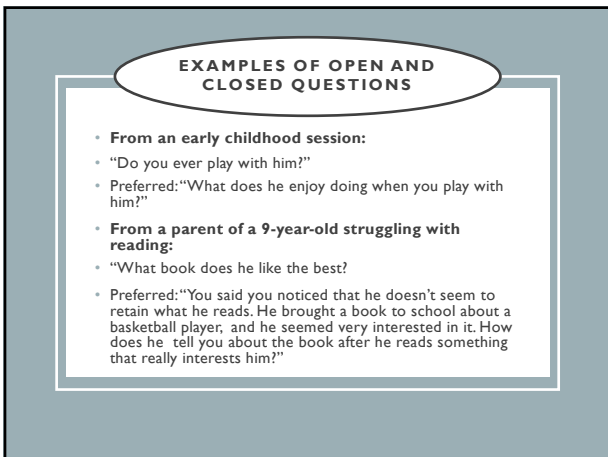
LUTERMAN
(2006)

“SLPs and AuDs need to incorporate both **counseling** and **teaching** in our clinical interactions.”



PARENT
COUNSELING

- Tools of counseling (Andrews, 2020)
 - Unconditional positive regard
 - Active listening
 - Silence
 - Open-ended questions
 - Solution-focused questions
 - Summarizing
 - Concerns
 - Feelings
 - Full range of issues and questions addressed in discussion



EXAMPLES OF OPEN AND CLOSED QUESTIONS

- **From an early childhood session:**
 - “Do you ever play with him?”
 - Preferred: “What does he enjoy doing when you play with him?”
- **From a parent of a 9-year-old struggling with reading:**
 - “What book does he like the best?”
 - Preferred: “You said you noticed that he doesn’t seem to retain what he reads. He brought a book to school about a basketball player, and he seemed very interested in it. How does he tell you about the book after he reads something that really interests him?”

- To a client: "How did you have that fluent conversation with your friend?"
- To a parent: "That's a great idea, how did you think of that?"
- When talking to a teacher: "He did it! How did you help him to follow that group"

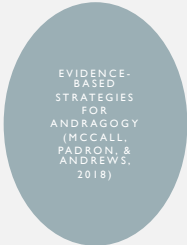


Teaching Strategies for Adult Learners

ANDRAGOGY
(KNOWLES,
2014)



- Acknowledge parents' life experience and prior knowledge.
- Scaffold:
 - Introduce resources and skills that learners are likely to know or have already done.
 - Progress by teaching how to use them in new activities.
 - Highlight successful past experiences to teach them new skills and their benefits.
- Collaborate
 - Exchange experiences with others while connecting them to new learning.
 - Provide opportunities for peer-to-peer learning, parent-parent discussions, whenever possible (online).





- Alternate direct service (1/week) with parent-delivered telehealth Tx 1x/week effective with ASD (Baharav & Reiser (2010).
- Video conferencing combined with online instruction to support parental learning and improve child behaviors was somewhat effective with ASD (Vismara et al., 2013).
- Parent training led to improvement when child book-reading; parent—child conversations; and parent—child writing to improve children’s language and literacy in language delay (Reese et al., 2010)
- Effective procedures include: (a) verbal instruction and/or instruction manuals, (b) in vivo practice, (c) role playing, (d) modeling by trainer, and (e) reviewing videos of intervention sessions (Lang et al., 2009).

PARENT TRAINING: SUMMARY

- Collateral behaviors, such as maladaptive behavior, joint attention, and imitation seem to respond to parent-delivered intervention in children with ASD
- More general communicative behaviors, such as expressive language and preliteracy seem less responsive.
- Less evidence for increasing language and preliteracy skills in children with language impairments.
- For non-autistic, more general language and intellectual delays, focus on child book-reading; parent—child conversations around specific topics and vocabulary; and parent—child writing.
- For all, teach specific skills rather than general stimulation.

PARENT RESOURCES

Books:

Let’s Talk: Navigating Social Communicative Supports for your Young Child with ASD

by R. Paul & D. Fahmi

When your Child has a Disability by M. Batshaw

Parent-to-Parent Handbook by B. Santelli et al.

Loving Lindsay by L. Atwell

Media:

- Podcast: Let’s Talk about Super Special Kids and Cake
- Podcast: Parenting Special Needs
- Blog: <https://www.friendshipcircle.org>
- Websites: <https://www.parentcenterhub.org>
- <https://www.cec.sped.org>
- <http://www.familyvoices.org>
- <https://fcsn.org>
- Zine: <http://www.eparent.com>

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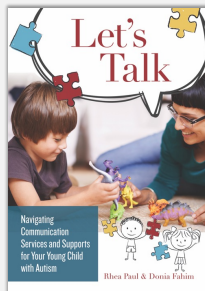
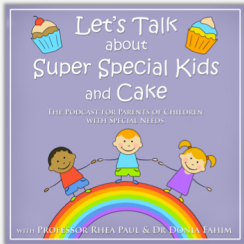
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QUESTIONS?



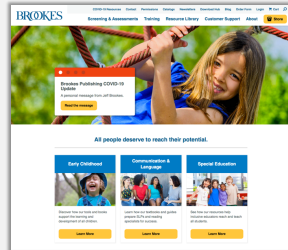


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