

Building Trauma-Sensitive Schools Seminar

AT A GLANCE

PRESENTER:

Jen Alexander, M.A., NCC,
SB-RPT

SEMINAR LENGTH:

1 to 2 days

WHO WILL BENEFIT FROM THIS SEMINAR?

Principals, superintendents, school counselors, school psychologists, and other PreK–12 leaders who are committed to ensuring that every student feels safe and ready to learn

What are the principles of building trauma-sensitive learning environments, and how can you apply them in your school? Get practical answers from trauma expert Jen Alexander in training session. An experienced teacher trainer and author of the bestselling book *Building Trauma-Sensitive Schools*, Jen Alexander will introduce you to all the essentials of trauma-sensitive PreK–12 learning environments—and explicitly teach you how to use trauma-informed response to intervention to meet the needs of all students. Attend this engaging seminar with your team, and come away ready to help every student feel safe and ready to learn.

PARTICIPANTS WILL:

- Recognize the complex ways trauma can affect children
- Receive guidance on building a trauma-sensitive learning environment within a multi-tier system of support (MTSS)
- Learn about resilience factors and how to help students develop them
- Understand why restorative discipline practices are more effective than traditional approaches
- Develop and strengthen trauma-informed interventions in your school
- Practice trauma-sensitive mindfulness

Learn More: <http://bit.ly/TraumaSeminar>

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